



ADIRONDACK CANOE SYMPOSIUM

Quiet Water, Obedient Canoe, Happy Paddler

Does your canoe refuse to go straight? Do you wish for a mediator when paddling tandem? Join us for some excellent canoe instruction, good companionship and beautiful scenery at the Adirondack Canoe Symposium!

The ACS offers comprehensive instruction in a quiet water venue for people wishing to improve paddling and precision boat control skills. The event will take place at Paul Smiths College, in the beautiful Adirondack Park, from July 19 – 22, 2018. Courses are offered in all skill levels, both solo and tandem, for beginning canoeist through those who have been paddling all their lives. Often called “obedience training for your canoe,” the curriculum is based on Freestyle concepts, using the natural physics of boat, body and blade to paddle efficiently, precisely and effortlessly. Classes are taught by ACA certified instructors who will assess your skills and work with you, at your pace and comfort level, to help you accomplish your paddling goals. No special gear is required; all you need is a canoe, paddle, PFD, kneeling pad, and the desire to learn something new. Instructors will teach you in the canoe that you bring.



Evening activities may include canoe “chalk talks,” meeting some canoe builders, “Boats on the Beach,” the ever-popular Interpretive Freestyle Exhibition, and a Candlelight Paddle. There will be plenty of time for socializing and relaxation.

Lodging includes air conditioned rooms in the Paul Smiths College dorms and hookups for folks coming with RVs. Although we recommend staying on campus, cabins, campgrounds, motels and hotels are available nearby. We offer full meal options at the Paul Smiths Dining Hall. Dorm rooms include kitchens, so self-catering is an option.

The Adirondack Canoe Symposium is considered one of the finest, most relaxed canoe gatherings of the season. The atmosphere is non-competitive and geared strictly towards immersion in the joys of canoeing. For non-paddling folks, recreational opportunities in the area include fabulous hiking, biking, historic tours, great restaurants and interesting shopping.

For more information and registration, please visit the FreeStyle Canoe website at www.freestylecanoeing.com

Any questions? Please contact Robyn Lowenthal at Catboat3@gmail.com 201-314-4462, or Lynn Filarecki at saddleback84@hotmail.com 518-674-2125.