

# MOHAWK CANOE CLUB --- 2019 River Training Application

June 22, 23, and June 29, 30

## Application Deadline:

May 31, 2019



This is a 4-day sequence of instruction for canoes and kayaks designed to progress students from their current skill level to the next level.

Class size will be limited. Participation will be determined, in part, by the majority of boat types submitted and the similarity of skill level.

The River Training Program is designed for adult learners. The course is appropriate for some children (accompanied by their parents/guardians). Please consult with the Training Chairman regarding the appropriateness of this course for your child.

### **Mohawk Canoe Club --- 2019 River Training Application**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_/\_\_\_\_-\_\_\_\_ Cell: \_\_\_\_/\_\_\_\_-\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_/\_\_\_\_-\_\_\_\_

Participants must be able to swim, must wear a PFD and provide their own boats, personal gear, lunches, and non-alcoholic beverages. Canoeists require kneeling pads, and, in Class II water, helmets. Kayakers require spray skirts and helmets. Appropriate boat flotation is required (call Training Chairman for questions).

There is heavy emphasis on self-rescue and the rescue of paddling companions. To this end, participants will spend significant time IN the water.

The program venues are subject to change based on participant progress, river levels, weather, etc. The start time each day is 9:00 a.m. We are usually off the water by 4 p.m. but participants should plan additional time to load their boats and gear and run the end of the day shuttle.

*The first day please meet at 9:00 a.m., NJ Washington Crossing State Park - waterfront parking lot.*

**For questions, please contact Training Chairman Ken Heaphy at 908-526-4626 or email at [kheaphy@pineypaddlers.com](mailto:kheaphy@pineypaddlers.com).**

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We make every attempt to conduct the classes as scheduled. However, unsafe water levels, bad weather, etc. may force us to reschedule certain dates, or adjust the venue. This course is a progression in skill level over the four days: maximum benefit is gained from attendance on all four days.  
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**Application Deadline May 31 – send:**

- 1) Completed application bottom
- 2) Check for \$75/person (payable to Mohawk Canoe Club)
- 3) Mohawk Guest Insurance Waiver

**to: Mohawk River Training, 103 Avonridge Road, Raritan, NJ 08869**

A. What boat will you be using -

Kayak:

- recreational
- touring/sea
- whitewater/play
- sit upon

Canoe:

- solo
- tandem

B. Boat manufacturer: \_\_\_\_\_

Model / name: \_\_\_\_\_

Length: \_\_\_\_\_

C. Current skill with boat you will be using:

- novice
- been out few times
- intermediate
- advanced

D. Primary paddling interest:

- lakes / reservoirs
- quiet rivers
- class I rivers
- class II rivers

E. Your learning preference for this training:

- I'm apprehensive, take it slow and easy
- laid back, no stress; this should be fun
- learn enough in fast paced manner
- I want to be challenged / pushed

F. Any special needs or considerations:

\_\_\_\_\_  
\_\_\_\_\_

G. Your goals for this training: \_\_\_\_\_

\_\_\_\_\_